

MAY 2025



Listen 4 Change Newsletter

Contact Listen 4 Change:

Website : www.listen4change.uk

Email: listen4change@outlook.com

Facebook private group -

<https://www.facebook.com/groups/1815692118888096>

Facebook page - Listen4Change, St Helens Parent Carer Forum | Saint Helens | Facebook

JOIN US FOR A COFFEE & CHAT - YOUR VOICE MATTERS

Each month, Listen 4 Change hosts daytime and evening coffee events for parent carers of children and young people (0-25) with Special Educational Needs and/or Disabilities (SEND).

It's a relaxed space to connect with other parent carers, share your experiences, and talk about what's working—and what isn't—with local services. Often, service providers attend to listen directly to your feedback.

Your views are taken forward by our Parent Reps in meetings with health, education, and social care services—helping shape support that truly meets families' needs.

Whether you want to influence change or just fancy a chat with others who understand—we'd love to see you.

📍 Drop in and say hello:

Wonderland Community Centre cic

Canal St, Saint Helens WA10 3JQ



Friday 9th May 10am-12pm - with DSCO, Nicola Squire de Silva

Tuesday 20th May 6.30-8pm - with Family Hubs officers Jill Healy, Catherine Ellis.

Friday 6th June 10am-12pm - Chat & chill over a brew

Tuesday 24th June 6.30-8pm - Chat & chill over a brew

Friday 11th July 10am-12pm - Chat & chill over a brew

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PATHWAYS TO WORK



Reforming Benefits and Support to Get Britain Working Green Paper

Last month the government launched its Green Paper on disability reform "[Pathways to Work](#)", setting out plans to cut spending on disability benefits by around £5 billion.

The government are keen to hear views from a wide group of people, in particular disabled people and people with health conditions. Public consultation events are being held in person and virtually during May and June where you can share your opinion of the proposals. Alternatively, you can complete the online form or email with your feedback.

For further details of events and how to respond to this consultation, please see "[Pathways to Work](#)"

This consultation closes on 30th June 2025.

SEND PARENT AND CARER SURVEY: KEY FINDINGS



The SEND Parent and Carer Survey ran from 22nd October to 22nd November 2024 to gather feedback on education, health, and social care services for children and young people with SEND in St Helens. The responses provide valuable insights into what is working well and what needs...

familyinfodirectory.sthelens.gov.uk

MAY 2025



FAMILY HUB



New Family Hub Offer April- July 2025

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St Helens Family Hubs have launched their New Offer for April through July 2025. Inside, you will find a comprehensive overview of the exciting activities and resources we have planned for families in the upcoming months.
For more information please contact us on 01744 673420.



ST HELENS IASS

St Helens IASS provides information, advice and support to parents and carers on matters relating to children and young people with SEND. They host regular drop-ins term time only to offer immediate support and advice:

Every Monday from 1-3pm at the Sutton Family Hub, Ellamsbridge Road WA9 3PY

Every Tuesday and Friday from 10.30am -1.30pm at the Moss Bank Children's Centre, Kentmere Avenue WA11 7PQ

Every Wednesday from 10am-2pm at Central Link Family Hub, Westfield Street (off Peter Street), WA10 1QF

Every Thursday from 9-11:30am at Wargave CofE Primary School, Bradlegh Road WA12 8QL for parents whose children attend schools in Newton-Le-Willows

No appointment is needed. For further information, please contact IASS on 01744 673428 or at IASS@sthelens.gov.uk



Grove

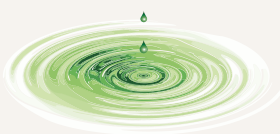
OUR VISION

GROVE aspires to be a safe community for Autistic young people to connect through shared interests & experiences.

We support young people's personal growth by fostering a positive & authentic identity through neuro-affirming mentoring, social & interest-based groups & 'Autistic Identity' programmes.

Please see website for more details
<https://www.gr0ve.org/online-groups/>

ADDvancedSolutions



ADDvanced Solutions
Community Network
Supporting you to find the answers

ADDvanced Solutions offers support, coaching and mentoring for families and professionals living with neurodevelopmental conditions and learning difficulties.



Scan the QR code to view ADDvanced solutions latest newsletter!

It includes full details of face-to-face and online offers available over the half term.



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CARAVANS



We are a 'Not for Profit' organisation that supports children, young people and adults with additional needs as well as their parents and carers.

We are based in Warwickshire and have close links with both the Warwickshire and Coventry Parent Carer forums that are local to us.

We have two caravans in both Skegness and Burnham on Sea. We aim to offer affordable holidays to families impacted by disability.

Our Burnham on Sea caravans are on a Haven Resort, this is the link

<https://entrustcarepartnership.org.uk>

If you have any questions, please email bookings@entrustcarepartnership.org.uk or call 07549 495474

THINK FAMILY

Mersey Care is a Community & Mental Health Trust that delivers care to people across the lifespan- So it is important to us that we do what is best for the Children, Adults, Carers & Families of our Communities.

As a Trust we are committed to a Think-Family Culture, whereby we recognise that the difficulties one person has with their physical or mental health, has a reach & impact on the other people within their familial networks.

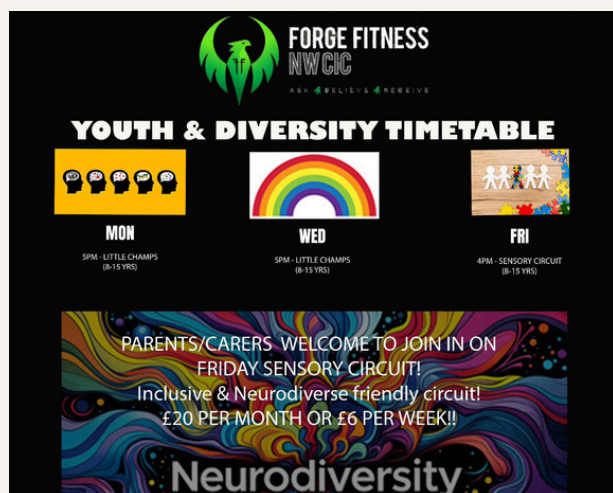
We need your feedback and suggestions on how we can build on and improve the experience of all who work & come into contact with Mersey Care. Please can you take 2 minutes to complete the short survey using the link below, or scan the QR code to complete on mobile. All feedback will shape the Trusts Think Family Action Plan to improve quality and contribute to the agenda planning for a Think Family Conference later in the year.



MAY 2025



Forge fitness



NEW YOUTH & DIVERSITY timetable!!

Little champs Monday and Wednesday is now accompanied by a sensory circuit on Fridays at 4pm in which parents/carers are welcome to join in. **Forge fitness 456 Warrington Rd, Rainhill, Prescot L35 9JE** It remains our goal that ALL children can train together to promote equality & inclusion and make friends in a supportive, safe space.



Mencap Learning Disability Sports workshop

Mencap are aiming to host a LD Sports workshop at FC St Helens in May and would like as many people as possible there. It is aimed at coaches/volunteers/organisations, and it aims to improve people's knowledge around learning disabilities and how we can include everyone in activities.

Mencap have some funding available allocated to get more people with learning disabilities active in St Helens. Please see the info booklet with details at the end of the newsletter.

For more information please contact Alex Craddock, Our Active Communities Partner for Bradford and District & St Helens,

Mobile: 07929 669287

Email: Alex.Craddock@Mencap.org.uk



Spring Newsletter

TOP NEWS

Funded projects

We have funded different projects in St Helens to get people moving more. The projects include football and a silent disco walk.

New Funding Window

We have entered year 2 of the project now and are looking to spend more money at getting people with a learning disability active. If you have an idea or would like more information, please contact Alex Craddock (contact info at the bottom) and he will help in anyway he can.

Training Opportunity

We are looking to host a Learning Disability Sport Workshop at FC St Helens in May (date TBC), If you would like more information please get in touch.

FUTURE PLANS

We have lots of things that we are planning to deliver this summer, keep a look out for...

- Toy it, Like it, Do it event
- Forum
- details
- Funded sessions
- Decision making panel

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WE HAVE A NEW COMMUNITY CONNECTOR

We are delighted to share the news that we have a new community connector. Liam Manley (pictured on the right) has joined the OAC team and has started working on the project. Liam will work with Alex to try and get people with learning disabilities more active. On joining the team Liam said, 'I'm glad to be on board to help bring more to the community and help get more people with a learning disability healthier and more active'. Liam will be supported by Chris Meadows (pictured left) who is the Health and Wellbeing lead at Buzz Hub. This is a great moment for the project as we are ensuring that the OAC programme is made for and driven by people with a learning disability.

For more information please contact :
alex.craddock@mencap.org.uk



Information Booklet

Let's make St Helens a
happier, healthier and more active place together.



Meet the Our Active Community Team



Alex Craddock

Community Partner

alex.craddock@mencap.org.uk

07929 669287



Our vision is for people with a learning disability and the community in which they live to be physically active, happy and healthy.



Listening to people with a learning disability



Working together as a community



Seed funding new ideas

Seed Funding Information

What is this funding for?



Our Active Community has funding available to help make your community a more active, happy and healthy place.



The funding needs to help people with a learning disability to be more physically active within their community.



This money will fund the ideas of people who are part of the local community.

Who can apply?



To apply for this funding, we are looking for people who are:

- Passionate about your community
- Motivated to help people with a learning disability
- Interested in physical activity and wellbeing

You could be:



A person who has a learning disability

A family member, carer or support worker

A community member

A local organisation



We would like anyone who applies for funding to take part in local community forum meetings first.



Funding is now available, and we are looking for opportunities to fund, **APPLY NOW**



Contact us to find out more:
alex.craddock@mencap.org.uk

Become a local decision maker



Do you have a learning disability?



Or passionate about learning disability?



Want to make important decisions about physical activity?



Join our Funding Panel

Contact us to find out more:
alex.craddock@mencap.org.uk



Young People's
Mental Health
Research Centre

NHS
Pennine Care
NHS Foundation Trust



07521 000 486



PCN-TR.CARE-RESPONDERS@NHS.NET

Has a first responder supported you through a mental health crisis?

Our Care Responders research study explores experiences of young people aged 5-18 years old and their families who have received support from first responders for a mental health crisis. Please contact us if you could tell us about your experiences of receiving support from first responders, such as paramedics, police officers, NHS crisis practitioners and hospital staff to inform our research.



Gift Vouchers

V1.0 15.09.2024; IRAS: 332304

FUNDED BY

NIHR | National Institute for
Health and Care Research

Neurodevelopment pathway drop ins



Mersey Care
NHS Foundation Trust

Come along to one of our drop in sessions in St Helens.

Our team will answer questions you have about the neurodevelopment pathway process.

You don't need to be using our service, you can drop in if you have any questions to ask about this.

We look forward to meeting you.

Second Tuesday of the month at Parr Children's Centre, 9.30am to 11.30am and Sutton Family Hub 1pm to 4pm*.

Third Tuesday of the month at Newton Family Hub, 1pm to 4pm.

Fourth Tuesday of the month at Central Link Family Hub, 1pm to 4pm.

*Please note, on Tuesday 8 July the session will be held at Sutton Family Hub 1pm to 4pm only.

13 May at Parr Children's Centre, 9.30am to 11.30am and Sutton Family Hub, 1pm to 4pm.

10 June at Parr Children's Centre, 9.30am to 11.30am and Sutton Family Hub, 1pm to 4pm.

8 July at Sutton Family Hub, 1pm to 4pm.

20 May at Newton Family Hub, 1pm to 4pm.

17 June at Newton Family Hub, 1pm to 4pm.

15 July at Newton Family Hub, 1pm to 4pm.

27 May at Central Link Family Hub, 1pm to 4pm.

24 June at Central Link Family Hub, 1pm to 4pm.

22 July at Central Link Family Hub, 1pm to 4pm.

Sutton Family Hub, Ellamsbridge Road, Sutton, St Helens, WA9 3PY

Parr Children's Centre, Ashton's Green Drive, Parr, St Helens, WA9 2AP

Central Link Family Hub, Westfield Street, (off Peter Street), St Helens, WA10 1QF

Newton Family Hub, Patterson Street, Newton-le-Willows, St Helens, WA12 9PZ

