



Curriculum Statement – 2021/2022

Physical Education

Intent

- Deliver high-quality Physical Education which aims to promote a 'Sports for All' attitude amongst the children.
- Create an environment where all pupils develop a keen interest in sport and are willing to partake in a wide range of sporting activities.
- The activities undertaken will enable our children to consider the needs of individuals and of society within the context of the wider Newton-le-Willows community, as well as support them.
- We aim to provide a variety of engaging lessons delivered by internal staff and external bodies; deploy a wide range of teaching strategies and enter a good selection of competitions for the children across both key stages.
- By doing this, the pupils of Newton-le-Willows Primary School will further develop their confidence and self-esteem when they are accessing P.E. lessons and when they are representing the school in sporting competitions.
- The pupils will also continue to develop their knowledge and understanding of a wide range of sports, equipping them with the skills they need to access most, if not all, sporting activities.
- We will assist children in developing a greater awareness and understanding of how sport can keep us healthy in both physical and mental aspects of everyday life.

Implementation

- Our aim is designed to teach children PE knowledge and skills in a way that is both sequential and relevant to their age and ability.
- Develop competence to excel in a broad range of physical activities.
- Ensure that they are physically active for sustained periods of time.
- Allow them to engage in competitive sports and activities.
- Encourage them to lead healthy, active lives.
- Allow children to work in a range of relevant contexts and areas across their time in school, including: team games, dance, gymnastics, outdoor and adventurous activities, athletics and swimming.
- We have explicit units in our Physical Education curriculum, which ensure that the children are learning the skills outlined in the National Curriculum.
- Each year group, from Years 1-6, focuses on two activities each half term.
- This is then built upon year on year ensuring that there is continuity and progression in each year group.
- All areas of PE, except Outdoor Adventure Activities and swimming, are taught each year from EYFS-Y6.
- Outdoor Adventure Activities and Swimming is taught at KS2.
- Physical Education lessons are taught weekly for all pupils, and these lessons are underpinned by the National Curriculum.

- Each lesson consists of a warm-up and cool-down, enabling staff and children to explicitly discuss the benefits Physical Education has on our bodies and the reactions our bodies have to exercise.
- Each lesson will also focus on teaching a specific skill or allowing the children to practise a certain skill within a given situation, scenario or task.
- Our aim is for every pupil to develop their skills, knowledge and ability to lead a healthy lifestyle in primary school and beyond.
- All resources, tools and software are used under the guidance of class teachers, and any digital equipment or software that is used is externally checked to ensure GDPR compliance and is approved by the Local Authority and independent authority.
- As well as this, all units of work are delivered with appropriate risk assessments in place.

Early Years Foundation Stage (EYFS)

- We encourage the physical development of our children in Nursery and Reception as an integral part of their learning as outlined in the Early Learning Goals
- We will ensure that by the end of Foundation Stage, the majority of children will be able to move with confidence and control the way they move; show an awareness of space (of themselves and others) and use a range of small and large equipment and tools.
- We give all children in our Foundation Stage the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support both gross and fine motor skills.

Key Stage 1

- Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.
- They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.
- Pupils should be taught to master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.
- Participate in team games, developing simple tactics for attacking and defending.
- Perform dances using simple movement patterns.

Key Stage 2

- Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.
- They should enjoy communicating, collaborating and competing with each other.
- They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.
- Pupils should be taught to use running, jumping, throwing and catching in isolation and in combination.
- Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.
- Develop flexibility, strength, technique, control and balance.
- Perform dances using a range of movement patterns.
- Take part in outdoor and adventurous activity challenges both individually and within a team.
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.
- Swim competently, confidently and proficiently over a distance of at least 25 metres.
- Use a range of strokes effectively.
- Perform safe self-rescue in different water-based situations.

Inclusion

- We ensure that all pupils can engage with learning Physical Education, irrespective of their race, cultural background, gender, religion, creed, level of intellectual ability or physical and emotional circumstances.
- As far as is appropriate, pupils with special educational needs should follow the same P.E. programme as all other students.
- Careful consideration is given concerning the level of differentiation needed, and in some cases, the content or delivery will be adapted.
- Teachers and/or learning support assistants work with individual pupils where required, and if appropriate.
- It is not the school's policy to withdraw pupils from physical education to catch up on other national curriculum subjects: these aspects of Physical Education are as important to all pupils as their academic achievement.

Monitoring

- Both senior and subject leaders have ownership for the reviewing and development of the subject. This is completed in consultation with the Head Teacher, staff members and governors.
- Monitoring is done through a range of methods which include, but are not limited to, teaching and learning scrutiny, learning walks, lesson observations, pupil voice and teacher, pupil and parent consultations.
- Senior leaders and subject specialists are also responsible for staff development across school.
- Staff needs are addressed on an ongoing basis, with professional development opportunities being provided through both internal and external consultations.
- Leaders will also use information gathered from monitoring to evaluate against and inform current and future subject action plans.

Impact

- We continue to strive for a healthy school population, where children are positively engaged and create life-long habits of physical activity.
- Teachers regularly assess pupil understanding through a range of formative assessment strategies, observations and looking at completed work in relation to the specified objectives on the curriculum. Half termly assessments are completed by staff.
- In the EYFS, class teachers assess children's development and progress in PE by making regular, informal judgements as they observe children.
- In PE at our school staff endeavour to ensure that PE is covered to the required depth that the statutory and non-statutory guidance of the national curriculum expects.
- Allows opportunities to regularly revisit concepts and link ideas together.
- Is taught via high quality teaching and learning opportunities.
- Encourages a real love of Physical Education and exercise.
- Is a platform to specific subject knowledge and skills to prepare the pupils for the next phase in their educational journey and able to integrate into a modern British society.